### Checkers Café

January 26th through February 1st 2020

- Heart Healthy Meal
- Vegetarian 🌽
- Vegan 🍗

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#### Sunday, January 26, 2020

- **Spotlight**
  - Nacho Bar with Beef or Chicken (Lunch) $8.50
  - Vegetarian Nacho Bar (Lunch) $7.50

#### Monday, January 27, 2020

- **Spotlight**
  - Nacho Bar with Beef or Chicken (Lunch) $8.50
  - Vegetarian Nacho Bar (Lunch) $7.50

- **Entrées**
  - Swiss Steak $7.85
  - Chicken Parmesan $7.85

- **Sides**
  - Roasted Corn; Herbed Vegetable Blend $1.75
  - Mashed Potatoes; Noodles $1.75

- **Soup**
  - Leek and Carrot $2.85/$3.75
  - Meat Chili $2.85/$3.75

#### Tuesday, January 28, 2020

- **Spotlight**
  - Omelet Bar (Breakfast & Lunch) $6.55

- **Featured**
  - Northwest Salmon Omelet / Home Fries with Portabella Mushrooms and Cheddar Cheese (Breakfast & Lunch) $7.75

- **Entrées**
  - Crispy Cod $7.85
  - Southern Fried Chicken $7.85

- **Sides**
  - Seasonal Vegetables; Asparagus Medley $1.75
  - Lemon Garlic Dill Puff; Dijon Roasted Potatoes $1.75

- **Soup**
  - Lemon Chicken $2.85/$3.75
  - Homestyle Vegetable Beef $2.85/$3.75

#### Wednesday, January 29, 2020

- **Spotlight**
  - Yakisoba Noodle Salad with Chicken or Shrimp (Lunch) $8.50
  - Vegetarian Yakisoba Noodle Salad (Lunch) $7.50

- **Entrées**
  - Lemon Dill Salmon $8.85
  - Eggplant Parmigiana $7.30

- **Sides**
  - Sicilian Style Vegetables; Mediterranean Roasted Vegetables $1.75
  - Rice Pilaf; Roasted Red Potatoes $1.75

- **Soup**
  - Wild Rice, Bacon and Turkey $2.85/$3.75
  - Meat Chili $2.85/$3.75

#### Thursday, January 30, 2020

- **Spotlight**
  - Vietnamese Phở - Beef (Lunch) $8.50
  - Vegetarian Vietnamese Phở (Lunch) $7.50

- **Entrées**
  - Old Fashioned Meatloaf $7.85
  - Herb Roasted Pork Loin $7.85

- **Sides**
  - Roasted Squash Medley; Steamed Fresh Baby Carrots $1.75
  - Mashed Potatoes; Wild Rice Pilaf $1.75

- **Soup**
  - Northwest’s Own Chicken Noodle $2.85/$3.75
  - U.S. Senate Bean $2.85/$3.75

#### Friday, January 31, 2020

- **Spotlight**
  - Mexican Cantina Salad with Chicken (Lunch) $8.50
  - Vegetarian Cantina Salad (Lunch) $7.50

- **Entrées**
  - Cod Vera Cruz $7.85
  - Spicy Sesame Garlic Chicken $7.85

- **Sides**
  - Lemon Dill Cauliflower Medley; Peas and Carrots $1.75
  - Herb and Citrus Roasted Potatoes; Steamed Rice $1.75

- **Soup**
  - New England Clam Chowder $2.85/$3.75
  - Mushroom Barley $2.85/$3.75

#### Saturday, February 01, 2020

- **Spotlight**
  - Vegetarian Vietnamese Phở - Beef (Lunch) $8.50

#### Café Hours

- **Monday - Friday**
  - 6:30 am - 7:30 pm
- **Breakfast**
  - 6:30 - 9:30
- **Lunch**
  - 11:00 - 2:00
- **Grill**
  - 11:00 - 7:30
- **Dinner**
  - 4:30 - 7:30

- **Weekends & Holidays**
  - 8:30 am - 2:30 pm
- **Breakfast**
  - 8:30 - 10:30
- **Grill**
  - 11:00 - 2:30

### Specials

- **Monday, January 27, 2020**
  - Stop by the farmer’s market located at the entrance!

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### Payment Methods

- We accept Major Credit Cards.
- We are unable to accept personal checks or bills larger than $50.00 at any of our retail sites.

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**Entrées Are Served With Two Sides ••• Pasta Dishes Are Served With One Side •**